

MON VALLEY WEST YMCA SWIM TEAM (MVWYST)

As of 10/2/09...subject to change (but hopefully not!)

2009 – 2010 SCHEDULE - Division II



DUAL MEETS

- Saturday – 12/5/09 – HOME Meet against Valley Points Family YMCA**
- Saturday – 12/12/09 – HOME Meet against Sewickly Valley YMCA**
- Saturday – 1/09/10 – AWAY Meet against Mon Valley YMCA**
- Saturday – 1/23/10 – AWAY Meet against Uniontown YMCA**
- Saturday – 2/6/10 – AWAY Meet against Laurel Highlands Regional YMCA**
(Remember that attendance at the dual meets is required for all swimmers unless circumstances are approved by Coach Steve)

INVITATIONAL MEETS

- (New Swimmers...please talk to Coach Steve about participating)*
- Saturday 10/24/09 - National YMCA "Virtual" Swim Meet at CM High School**
This is an intersquad meet that will be used to get ready for competition!
- Sunday 10/25/09 – Uniontown "First Chance" Invitational**
- Saturday 11/7/09 - – Mon Valley Invitational (not Mon Valley WEST)**
(But....Please support this meet...this is our sponsoring organization)
- Saturday – 11/14/09 – Laurel Highlands Invitational/New Castle Invitational**
- Saturday 11/21/09 – Greensburg Invitational**
- Saturday 1/16/10 – Indiana Christmas Tree Invt/Wilmerding Invitational**
- Sunday – 1/17/10 – Johnstown Distance Meet**
- Saturday – 1/30/10 – Allegheny Valley YMCA Invitational**

**SATURDAY – 2/13/10 – MON VALLEY WEST YMCA
PRESIDENTS INVITATIONAL MEET**

**THIS IS OUR HOST MEET...THIS IS A MUST FOR ALL SWIMMERS AND
PARENTS...WE NEED EVERYONE'S HELP! IT WILL BE FUN!!!**

- Saturday – 2/20/10 – Valley Points YMCA "Last Chance" Invitational**
- Sunday – 2/21/10 – Novice Championships**

DISTRICTS/STATES/NATIONALS

- Saturday 3/6/10 - "B" Districts at IUP**
- Saturday 3/13/10 - Sunday 3/14/10 – YMCA DISTRICTS at IUP**
(Saturday – Junior/Senior; Sunday – Cadet/Prep)
- Saturday 3/20/10 – Sunday 3/21/10 – YMCA STATES at PSU**
(Saturday – Cadets/Preps; Sunday – Junior/Senior)
- Wednesday 4/7/10 – Saturday 4/10/10–YMCA NATIONALS at Ft. Lauderdale**
Remember attendance at one championship meet is required for all swimmers ("B" Districts, Districts or Novice Champs) unless circumstances approved by Coach Steve

OTHER

- PITT MEET – (AMS) – December 18-20, 2009**
- HIGH SCHOOL WPIAL – Week of March 1, 2010**
- HIGH SCHOOL PIAA – March 17-20, 2010**

Filename: 2009.2010 SCHEDULE