



DECEMBER 2009

MON VALLEY WEST YMCA SWIM TEAM

PRACTICE LOCATION AND OTHER BIG DATES

See Us Online at www.wyst.org
Email to info@wyst.org



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	30 CANONSBURG AND TRINITY YES..EVEN THOUGH NO SCHOOL SCHEDULED!	1 CANONSBURG	2 TRINITY	3 CANONSBURG	4 TRINITY	5 HOME DUAL MEET VS ESPY SET UP 9 AM WARM UPS 10 AM MEET STARTS 11 AM CANON MCMILLIAN HS
6	7 CANONSBURG AND TRINITY	8 CANONSBURG	9 TRINITY	10 NO PRACTICE	11 TRINITY	12 HOME DUAL MEET VS SEWY SET UP 9 AM WARM UPS 10 AM MEET STARTS 11 AM CANON MCMILLIAN HS
13	14 CANONSBURG AND TRINITY	15 CANONSBURG	16 TRINITY	17 CANONSBURG	18 TRINITY	19
20	21 CANONSBURG AND TRINITY	22 NO PRACTICE	23 TRINITY	24 HOLIDAY BREAK	25 HOLIDAY BREAK	26
27	28	29	30	31	<div style="border: 2px solid green; padding: 5px; text-align: center;"> <p>HOLIDAY BREAK-NO CANONSBURG TRINITY TO BE DETERMINED</p> </div>	

Canon-McMillan School District: www.cmsd.k12.pa.us
Trinity Area School District: www.trinitypride.org

PRACTICE TIMES ARE 5:30 PM to 7:30 PM AT BOTH LOCATIONS
NO PRACTICES ON DAYS THAT THE PRACTICE LOCATION HAS NO SCHOOL DUE TO WEATHER

NOTES